

18 day good eatin'

Date	Rig day	Launch day									
EACH DAY BOX BEGINS AT THE THE DINNER FOR THAT DAY & THE BKST/LUNCH IS FOR THE FOLLOWING DAY.											
day box #	put-in/rig	DAY BOX 1	DAY BOX 2	DAY BOX 3	DAY BOX 4	DAY BOX 5	DAY BOX 6	DAY BOX 7	DAY BOX 8	DAY BOX 9	DAY BOX 10
hors		cheese, apples, crackers	chips & dip	chips & salsa	pesto cream cheese & crackers	hummus, carrots, pita	nuts & pretzels	cheese, salami, crackers	veggies & dip	cheese, smoked oysters, crackers	chips & salsa
dinner		spaghetti w/ italian sausage, salad, bread	burgers, blue cheese slaw & beans	burritos fajita style w/ chicken, beans, rice	lasagna w/ italian sausage, bread & salad	grilled chicken w/ orzo & veggie salad	stirfry w/ chicken & rice	pasta alfredo w/ bread & salad	chicken brats, potatoes, ratatouille	spaghetti w/ italian sausage, veggie salad, bread	burritos w/ ground beef, beans, rice
bkst	Put in breakfast/ Launch day	eggs to order, muffins, sausage	cold cereal & bagels	french toast w/ bacon	breakfast burritos w/ beans & chorizo	cold cereal & bagels	eggwiches w/ bkst ham	eggs, homefries, sausage patties	hot cereal, english muffins	pancakes w/ sausage	cold cereal & bagels
lunch	1st on river Lunch deli style	taco salad	hummus & tabouli	deli style	chicken caesar wraps	deli style	PB & J	deli style	veggie wraps	deli style	snack style
day box #	DAY BOX 11	DAY BOX 12	DAY BOX 13	DAY BOX 14	DAY BOX 15	DAY BOX 16	DAY BOX 17				
hors	chips & dip	salsa, cream cheese & crackers	veggies & dip	antipasto	pretzels	apples & cheese	chips & dip	Breakfast fruit available -10 mornings worth, mix & match, eat what's ripe! Grapefruit, melons, oranges, pineapple			
dinner	thai chicken & asian slaw	grilled cheese & tomato soup	lentil soup, cornbread, couscous salad	pesto pasta w/ bread & 3 bean salad	chili w/ canned beef, veggie salad, cornbread	quesadillas, rice & beans	penne w/ marinara sauce, blue cheese slaw				
bkst	eggs to order, muffins, bkst ham	cold cereal & bagels	breakfast burritos w/ beans & chorizo	hot cereal, english muffins	cold cereal & bagels	blueberry pancakes, sausage patties	TAKE OUT MORNING DAY 18 cold cereal	Your choice of dessert when you like! 12 total: 1 cake, 1 brownie, 1 fruit cobbler, 2 cheesecake, 1 poundcake w/ strawberries, 3 cookies, 3 chocolate treats			
lunch	tuna salad wraps	hard boiled eggs, cheese & crackers, jerky	deli style	PB & J	chicken salad wraps	hummus & tabouli, crackers					