

18 day good eatin'

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|-------------|---------|------------|--|--|--|--|--|--|--|--|--|
| Date | Rig day | Launch day | | | | | | | | | |
|-------------|---------|------------|--|--|--|--|--|--|--|--|--|

EACH DAY BOX BEGINS AT THE THE DINNER FOR THAT DAY & THE BKST/LUNCH IS FOR THE FOLLOWING DAY.

| day box # | put-in/rig | DAY BOX 1 | DAY BOX 2 | DAY BOX 3 | DAY BOX 4 | DAY BOX 5 | DAY BOX 6 | DAY BOX 7 | DAY BOX 8 | DAY BOX 9 | DAY BOX 10 |
|------------------|---------------------------------|--|--|---|---|--|---|--|--------------------------------------|---|--------------------------------------|
| hors | | cheese, apples, crackers | chips & dip | chips & salsa | pesto cream cheese & crackers | hummus, carrots, pita | nuts & pretzels | cheese, salami, crackers | veggies & dip | cheese, smoked oysters, crackers | chips & salsa |
| dinner | | spaghetti w/ italian sausage, salad, bread | burgers, coleslaw & beans | burritos fajita style w/ chicken, beans, rice | lasagna w/ italian sausage, bread & salad | grilled chicken w/ orzo & veggie salad | stirfry w/ chicken & rice | pasta alfredo w/ bread & salad | chicken brats, potatoes, ratatouille | spaghetti w/ italian sausage, cuke salad, bread | burritos w/ ground beef, beans, rice |
| bkst | Put in breakfast/ Launch day | eggs to order, muffins, sausage | cold cereal & bagels | french toast w/ bacon | breakfast burritos w/ beans & chorizo | cold cereal & bagels | eggwiches w/ bkst ham | eggs, homefries, canadian bacon | hot cereal, english muffins | pancakes w/ sausage | cold cereal & bagels |
| lunch | 1st on river Lunch deli style | taco salad | hummus & tabouli | deli style | PB & J | snack style | deli style | veggie wraps | PB & J | deli style | snack style |
| day box # | DAY BOX 11 | DAY BOX 12 | DAY BOX 13 | DAY BOX 14 | DAY BOX 15 | DAY BOX 16 | DAY BOX 17 | | | | |
| hors | chips & dip | salsa, cream cheese & crackers | veggies & dip | antipasto | pretzels | apples & cheese | chips & dip | Breakfast fruit available -10 mornings worth, mix & match, eat what's ripe! Grapefruit, melons, oranges, pineapple | | | |
| dinner | thai chicken & asian slaw | grilled cheese & tomato soup | lentil soup, cornbread, couscous salad | pesto pasta w/ bread & 3 bean salad | chili w/ canned beef, veggie salad, | quesadillas, rice & beans | penne w/ marinara sauce, blue cheese slaw | | | | |
| bkst | eggs to order, muffins, sausage | cold cereal & bagels | breakfast burritos w/ beans & chorizo | hot cereal, english muffins | cold cereal & bagels | blueberry pancakes | TAKE OUT MORNING DAY 18 cold cereal | Your choice of dessert when you like! 12 total: 1 cake, 1 brownie, 1 fruit cobbler, 2 cheesecake, 1 poundcake w/ strawberries, 3 cookies, 3 chocolate treats | | | |
| lunch | tuna salad wraps | hard boiled eggs, cheese & crackers, jerky | snack style | PB & J | chicken salad wraps | hummus & tabouli, crackers | | | | | |