

Winter time!

This menu is varied and portions are beefed up for the cold winter trips. We can add on or subtract days to fit your long, cold, winter time adventure.

Winter trip notes: We can easily change cold cereals to hot cereals & make more lunches "packable" so that you can do pack lunches most days instead of stopping for a lunch. It's always a good idea to bring your own personal lunch tupperware for leftovers or pack lunches!!

Date	Rig day	Launch day										
EACH DAY BOX BEGINS AT THE DINNER FOR THAT DAY & THE BKST/LUNCH IS FOR THE FOLLOWING DAY.												
day box #	put-in/rig	DAY BOX 1	DAY BOX 2	DAY BOX 3	DAY BOX 4	DAY BOX 5	DAY BOX 6	DAY BOX 7	DAY BOX 8	DAY BOX 9	DAY BOX 10	DAY BOX 11
hors		chips & dip	apples & cheese	tapenade & crackers	hot soup & nuts	chips & salsa	cheese, smoked oysters, crackers	veggies & dip	hot soup & chips & dip	pesto cream cheese & crackers	hummus & pita	nuts & pretzels
dinner	Marble Canyon Lodge or @ Lee's Ferry	salmon, broccoli, rice	spaghetti w/ ital sausage, salad, bread	stirfry w/ chicken, rice	steaks, potatoes, salad	burritos w/ beef, rice, beans	grilled chicken, orzo, veggie salad	jambalaya, rice, garlic bread	burgers, Blue cheese slaw, beans	lasagna, garlic bread	posole w/ pork chunks, rice, cornbread	thai chicken, couscous, asian slaw
bkst	Launch Morning Continental Bkst	eggs to order w/ sausage	french toast w/ bacon	cold cereal, yogurt, bagels	eggs, homefries, tortillas w/ bkst ham	pancakes w/ sausage	rolled oats w/ english muffins	bagels, lox, cream cheese	eggwich w/ canadian bacon	cold cereal, yogurt, bagels	eggs to order w/ bacon	breakfast burritos w/ chorizo
lunch	1st on river Lunch deli style	taco salad	deli spread	ceasar salad wraps	hummus & tabouli w/ pita	cashew chicken salad w/ pita	deli spread	veggie wraps	taco salad	deli spread	snack style	deli spread
Your choice of dessert when you like! See master list!												
Date day box #	DAY BOX 12	DAY BOX 13	DAY BOX 14	DAY BOX 15	DAY BOX 16	DAY BOX 17	DAY BOX 18	DAY BOX 19	DAY BOX 20	DAY BOX 21	DAY BOX 22	DAY BOX 23
hors	hot soup	cheese, salami crackers	hot soup	bruschetta, crackers	chips & dip	pesto cream cheese & crackers	smoked salmon, cheese, crackers	Hot soup, crackers, cream cheese & salsa	nuts & pretzels	hot soup	antipasto	tapenade, crackers & feta
dinner	chicken brats, ratatouille, baked beans	mexican casserole w/ canned chicken, rice	porkchops, stuffing, green beans, applesauce	Beef stew w/ biscuits	grilled ham & cheese & tomato soup	penne w/ marinera sauce, blue cheese slaw	lentil soup, cornbread, couscous salad	shepard pie w/ apple salad	falafel burgers & hummus, butternut squash soup	veggie curry w/ canned chicken, quinoa	pasta alfredo & 3 bean salad	chili, canned beef w/ rice, cornbread
bkst	steel cut oats w/ english muffins	eggs, homefries, tortillas w/ turkey links	cold cereal, yogurt, bagels	eggwich w/ canadian bacon	rolled oats w/ english muffins	breakfast burritos w/ chorizo	cold cereal, yogurt, bagels	eggs to order w/ turkey sausage	bagels, lox, cream cheese	steel cut oats w/ dried fruit	pancakes w/ eggs	TAKEOUT MORNING DAY 24 cold cereal
lunch	deli spread	pasta salad	deli spread	tuna salad wraps	deli wraps	PB & J	hard boiled eggs, cheese, jerky & crackers	salmon salad wraps	snack style	PB & J	cashew chicken salad wraps	
		14 Desserts - 2 cakes, 1 brownies, 1 cobbler, 1 gingerbread, 1 poundcake & berries, 1 cheesecake, 2 smores, 2 cookies, 2 dessert chocolates							Breakfast fruit available - mix & match, eat what's ripe! Grapefruit, melons, oranges, pineapple			