|  | Ready made |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | This menu is about as easy as it gets, and still yummy. All the dinners in green have premade entrees, all you need to prepare are the sides. The entrees are in boilbags, so you heat them, open and serve. These are homemade meals by a local chef. This menu tries to minimize time spent on preparation and maximize your time to do other things! Vegetarian options are available in servings of 2. |  |  |  |  |  |  |  |  |  |  |
| Date | Rig day | Launch day |  |  |  |  |  |  |  |  |  |
| EACH DAY BOX BEGINS AT THE DINNER FOR THAT DAY \& THE BKST/LUNCH IS FOR THE FOLLOWING DAY. |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \left\lvert\, \begin{array}{l} \text { day box } \\ \# \end{array}\right. \\ & \hline \end{aligned}$ | put-in/rig | DAY BOX 1 | DAY BOX 2 | DAY BOX 3 | DAY BOX 4 | DAY BOX 5 | DAY BOX 6 | DAY BOX 7 | DAY BOX 8 | DAY BOX 9 | DAY BOX 10 |
| hors |  | chips \& salsa | chips \& dip | veggies \& dip | cheese, salami, crackers | pesto cream cheese \& pita | veggies \& dip | hummus, pita, carrots | chips \& dip | nuts \& pretzels | chips \& salsa |
| dinner | Marble <br> Canyon <br> Lodge or @ <br> Lee's Ferry | Chicken enchiladas w/ rice \& beans | BBQ pulled chicken w/ french rolls \& salad | meat balls w/ pasta, garlic bread | steaks, potatoes, salad | sweet \& sour pork w/ rice | beef \& broccoli over noodles | burgers, beans \& coleslaw | Italian chicken w/ salad \& bread | pork chops w/ mashed potatoes \& veggie salad | chili rellenos, rice \& black beans |
| bkst | Launch <br> Morning <br> Continental Bkst | eggs to order, english muffins, sausage | cold cereal, bagels | french toast w/ bacon | hot cereal, english muffins | breakfast burritos w/ chorizo | cold cereal, bagels, yogurt | pancakes w/ breakfast ham | hot cereal, english muffins | eggs, home fries, sausage | Bagels \& smoked salmon |
| lunch | 1st on river <br> Lunch deli <br> style | deli lunch | chicken caesar wraps | deli lunch | deli lunch | snack style | deli lunch | deli lunch | veggie wraps | deli lunch | hardboiled eggs, cheese, crackers \& jerky |
|  | Your choice of dessert when you like! |  |  |  |  |  |  |  |  |  |  |
| $\begin{array}{\|l\|} \hline \text { Date } \\ \hline \text { day box } \\ \hline \end{array}$\# |  |  |  |  |  |  |  |  |  |  |  |
|  | DAY BOX 11 | DAY BOX 12 | DAY BOX 13 | DAY BOX 14 | DAY BOX 15 | DAY BOX 16 | DAY BOX 17 |  |  |  |  |
| hors | chips \& dip | cheese, salami, crackers | antipasto | nuts \& pretzels | bruschetta \& crackers | hummus, crackers, carrots | tapenade, feta, crackers | Breakfast fruit available - mix \& match, eat what's ripe! Melons, grapefruit, oranges, pineapple |  |  |  |
| dinner | chicken brats w/ beans \& coleslaw | BBQ pulled pork w/ mashed potatoes | artichoke <br> lasagna w/ <br> garlic bread <br> \& veggie <br> salad | green chili pork posole w/ rice \& quesadillas | pesto pasta w/ 3-bean salad, bread | Sesame ginger Tofu stir-fry W/ Rice | grilled cheese \& tomato soup |  |  |  |  |
| bkst | eggwiches w/ canadian bacon | hot cereal, english muffins | blueberry pancakes w/ breakfast ham | cold cereal, bagels, yogurt | breakfast burritos w/ chorizo | hot cereal, english muffins | TAKEOUT MORNING DAY 18 cold cereal | This menu costs slightly more per person per day because of the precooked meals. Check w/ our office for pricing |  |  |  |
| lunch | deli lunch | PB \& J | deli lunch | deli lunch wraps | snack style | tuna salad wraps |  |  |  |  |  |
|  |  |  |  | Your choice of dessert when you like! 12 <br> desserts: 1 pineapple upside down cake, 1 fruit cobbler, 1 brownies, 2 pound cake w/ strawberries, 1 cheesecake, 2 cookies, 3 dessert chocolates, 1 s'mores |  |  |  |  |  |  |  |

